

# NUTRITION



## Nutrition Support Assistant

Instructor: Gwen Yung

Cost: \$50

For more information contact:

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This course is designed for family, volunteers, and other healthcare staff to name a few!

The Nutrition Support Assistant students will be trained to meet the following requirements:

- Enhance the nutrition and hydration services provided to nursing home residents.
- Reduce the incidence of unplanned weight loss and dehydration.

Students will be under the supervision of a licensed nurse and shall not assist residents who have complicated feeding problems. They will meet requirements of a minimum of eight (8) hours training and competency. The course includes a written exam and competency skills test which requires a grade of 80% or higher. They will have to attain six (6) hours of continuing education per year.